

# WEEK 1

W/C: 06/01, 27/01, 24/02, 17/03

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Macaroni Cheese	Classic Beef Burger Served with Potato Wedges	Roast Gammon Served with Roast Potatoes and Gravy	BBQ Chicken Pizza Served with Pesto Pasta	Fish Fingers Served with Chips
JACKET POTATO	Mexican Vegetable Tortilla Pie	Quorn Burger Served with Potato Wedges	Roast Quorn Served with Roast Potatoes and Gravy	Meatless Feast Cheesy Pizza  Served with Pesto Pasta	Veggie Fingers Served with Chips
	Jacket Potatoes Cheese or Beans	Jacket Potatoes Cheese or Beans	Jacket Potatoes Cheese or Beans	Jacket Potatoes Cheese or Beans and cold fillings including Salmon Mayonnaise	Jacket Potatoes Cheese or Beans
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Raspberry Jelly	Oat Cookie with Fruit	Rice Pudding with Jam or Chocolate Spread	Magic Apple Bake	Mango Frozen Yoghurt

**PACKED LUNCH AVAILABLE**  
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain  
 Fruity! Nutritionist's Choice



# WEEK 2

W/C: 13/01, 03/02, 03/03, 24/03

**AUTUMN/WINTER 2024**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Veggie Supreme Pizza Served with Pesto Pasta	Beef Bolognese Served with Wholewheat Pasta	Roast Chicken Served with Roast Potatoes and Gravy	Chicken and Vegetable Pie Served with Mashed Potato and Gravy	Crispy Chicken Burger Served with Chips
JACKET POTATO	Vegetable Fajita Served with Wholegrain Rice	Chinese Vegetable Noodles	Winter Vegetable Hotpot	Macaroni Cheese	Quorn Dippers Served with Chips
	Jacket Potatoes Cheese or Beans	Jacket Potatoes Cheese or Beans	Jacket Potatoes Cheese or Beans	Jacket Potatoes Cheese or Beans	Jacket Potatoes Cheese or Beans
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Raspberry Yoghurt Cake	Banana Cake	Fruits of the Forest Jelly	Orange Glazed Sticky Sponge Pudding with Custard	Chocolate Cookie served with Sliced Fruit

**PACKED LUNCH AVAILABLE**  
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain  
 Fruity! Nutritionist's Choice



# WEEK 3

W/C: 20/01, 10/02, 10/03, 31/03

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**HOT SPECIALS**

**Macaroni Cheese** 




**Chicken and Vegetable Korma**  
   
Served with Wholegrain Rice

**Pork Sausages**  
Served with mashed potatoes & gravy

**Chicken and Broccoli Pasta Bake**    
Served with Garlic and Herb Bread

**Fish Fingers**  
Served with Chips

**BBQ Quorn Fillet**     
Served with Wholegrain Rice

**Vegetarian Bolognese**     
Served with Wholewheat Pasta and Garlic and Herb Bread



**Quorn Sausages**  
Served with mashed potatoes & gravy



**Tomato and Sweetcorn Pasta**  
  

**Cheese and Sweetcorn Omelette**   
Served with Chips


**JACKET POTATO**

**Jacket Potatoes**    
Cheese or Beans

**Jacket Potatoes**    
Cheese or Beans

**Jacket Potatoes**    
Cheese or Beans

**Jacket Potatoes**    
Cheese or Beans

**Jacket Potatoes**    
Cheese or Beans

**Tomato Pasta** Fresh, homemade tomato sauce with penne pasta  

All main meals are served with two vegetables

**DESSERT**

**Chocolate Beet Brownie with Orange Slices** 

**Banana Cake**

**Oat Cookie with Fruit** 

**Lemon Shortbread**

**Vanilla Ice Cream**



**PACKED LUNCH AVAILABLE**

Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread, yoghurt & fresh fruit

 **Vegetarian**  **Oily Fish**  **Wholegrain**

 **Fruity!**  **Nutritionist's Choice**